

Influenza Symptom Screening Tool for Parents and Caregivers

Use this questionnaire each day your child is sick with influenza-like symptoms and follow the instructions for when to keep the child home and what to tell the child's school.

Does your child have:

- Fever of 100° F or higher? Yes No
(Take the child's temperature before giving him/her fever-reducing medicine, like Tylenol.)
- Sore throat? Yes No
- Cough? Yes No

Should I keep my child home?

- If you checked "yes" for fever AND one of the other symptoms, keep your child home for at least 24 hours after his or her fever is gone without fever-reducing medicine. For many children this will be 5 to 7 days. Your child should feel well enough to participate in school before returning. If you have questions about your child's health or symptoms, call your child's doctor or clinic.
- If your child has been diagnosed by a doctor or clinic with a different disease, such as strep, follow your doctor or clinic's recommendation and school policy for when to return to school.

What should I tell my child's school?

- If you checked "yes" for fever AND one of the other symptoms, tell the school that your child is home with influenza-like illness.
- If your child has been diagnosed by a doctor or clinic with a different disease, such as strep, tell your child's school.

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To obtain this information in a different format, call: 651-201-5414.